



BULLSMOOR
DENTAL & AESTHETICS CLINIC

Patient Information 2023



About Us

Established in 1950, Bullsmoor Dental & Aesthetics Clinic (formerly Bullsmoor Dental Practice) has been a part of the Enfield and Waltham Cross community for over 70 years. Having been taken over by Mr Jagani in 1987, the clinic is family run by a dynamic father and son duo who love being able to offer their patients continuity of care.





Always caring for you..

Monday	09:00 - 17:30
Tuesday	09:00 - 17:30
Wednesday	09:00 - 17:30
Thursday	09:00 - 17:30
Friday	08:00 - 12:30
Saturday (alt.)	09:00 - 13:00
Sunday	CLOSED

Get in touch..

-  01992 764 999
-  www.bullsmoorclinic.co.uk
-  reception@bullsmoorclinic.co.uk
-  63 Bullsmoor Lane, Enfield, EN3 6TG

Stay connected..

-  @bullsmoorclinic
-  /bullsmoorclinic

Our Clinic focuses on family, general and cosmetic dentistry, offering everything from annual consultations and maintenance hygiene sessions to a wide range of treatments including gum disease treatment, restorative and prosthetic dentistry, teeth whitening, composite bonding, Invisalign®, dental implants and many more, all under one roof. As well as caring for your teeth, Bullsmoor Dental & Aesthetics Clinic offers a wide range of facial aesthetic treatments, focusing on natural and safe results, using market-leading products and techniques.

Our warm, welcoming and energetic team is made up of highly experienced practitioners and new generation clinicians who are all dedicated to carrying out the highest quality of dentistry and aesthetics. As a team, we are committed to helping our patients find the smile that brings them confidence, comfort and happiness.

We look forward to welcoming you soon.

Your Clinicians



Shabir R. Jagani Principal Dentist

BChD (Leeds) MFGDP (U.K.) | GDC No.: 55185

Mr Jagani graduated from the University of Leeds in 1981 and started his career as an associate Dentist at Bullsmoor Dental Practice. He took over the Practice in 1987 and obtained his MFGDP in 1998. Between the years 1996 and 2005, Mr Jagani was a vocational trainer for newly qualified Dentists. Since then, Mr Jagani has gone on to train in

Cosmetic Adult Orthodontics. He has a wealth of knowledge both clinically and in his gentle approach to treating nervous patients. Shabir is an avid cyclist and enjoys travelling to Europe for cross-country rides. He enjoys spending time with family and frequently travels to the Middle East to provide dental care to under privileged communities.



Hiba Odabashy Associate Dentist

BDS (London) MJDF (U.K.) | GDC No.: 86142

Dr Odabashy qualified from King's College London in 2005 and achieved postgraduate membership of the Joint Dental Faculties in 2010. She joined Bullsmoor Dental & Aesthetics Clinic in 2007 and is able to offer quality dentistry with a focus on building confidence by creating a calm and relaxed atmosphere for her patients. She is qualified to

provide adult cosmetic orthodontics such as Invisalign® and Six Month Smiles®. Outside of dentistry, Hiba enjoys reading, baking and caring for her two boys.

Your Clinicians



Abbas Ali Manji Associate Dentist

BDS (London) PGCert. Dental Implantology | GDC No.: 278171

Dr Manji qualified from King's College London in 2018. After honing his general dental skills in multiple practices around the UK, he has developed a passionate interest in cosmetic and surgical dentistry. With his gentle and patient centric approach, he is able to provide his patients with high quality dental work with his core beliefs being honest dentistry and good communication, whilst also providing them a jazzy time with his music playlist! He is currently enrolled onto a one year long Aesthetic & Restorative Post Graduate (PG) Diploma and has just completed his PG Certification in Dental Implantology. He has also completed the well respected Style Italiano Composite Course based in Italy. He has also had the honour of being part of the interview panel for a prestigious London dental school for prospective students applying to study dentistry. Abbas is a smiling individual that enjoys life with a progressive mindset and is ever adding to his list of hobbies; photography and basketball to name but a few. He also takes part in charity dental trips to the Middle East.

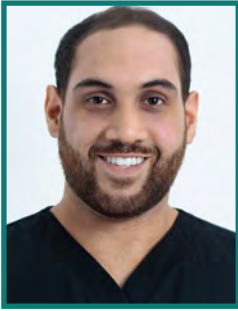


Rheeya Naik Associate Dentist

BDS (London) GDC No.: 284230

Dr Naik qualified from King's College London in 2019 and joined the Bullsmoor Dental & Aesthetics Clinic team in 2021. She has recently completed her MJDF Part 1 and is hoping to complete the final part in the near future. Rheeya enjoys all aspects of dentistry and has a keen interest in composites, crowns and onlays, attending advanced courses in these fields. She has a calm and friendly approach and enjoys treating nervous patients by putting them at ease. Rheeya also enjoys treating children, ensuring they have a pleasant visit to the Dentist. Outside of work, Rheeya enjoys travelling, baking and spending time with family and friends.

Your Clinicians



Abbas A. Jagani Dental Hygienist & Therapist | Facial Aesthetician

DipHE RDH RDT (Lond.) PGDip. Periodontics | GDC No.: 249670

Having been exposed to dentistry throughout his childhood, Abbas started his dental career as a Dental Nurse before graduating from Barts & The London School of Medicine & Dentistry as a Dental Hygienist & Therapist (DHT) in 2017. Abbas enjoys practicing dentistry to the entirety of his scope as a DHT; including treating and guiding patients with periodontal disease, carrying out high aesthetic composite restorations and providing teeth whitening and composite smile makeovers. Abbas has successfully completed the highly esteemed Style Italiano Composite Course in Portofino and enjoys using gold standard methods and materials for his composite cases. Abbas is continuously adding to his skills and has completed his training in advanced Facial Aesthetics, has gained a Post Graduate Diploma in Periodontics and is currently enrolled onto a Level 7 Diploma in Clinical Aesthetic Injectables. Abbas prides himself on providing minimalistic and subtle enhancements after carefully understanding his patients' personal aesthetic desires. Outside of Dentistry, Abbas is a keen cook, an avid photographer and a proud husband and father to a beautiful baby boy. He also thoroughly enjoys accompanying his father on frequent charity trips to provide dental treatment to those less fortunate in areas of the Middle East.



Regita Gembickaite Dental Hygienist

RDH | GDC No.: 104904

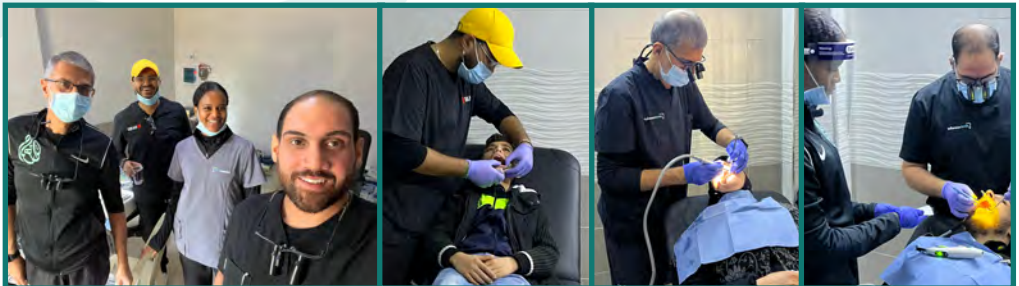
Regita qualified as a Dental Hygienist in 2003 in Lithuania, She joined the BDAC team in 2013 and is very popular with our patients. Her main goal is to prevent gum disease and educate patients on their daily oral health routine. Outside of dentistry, she enjoys spending time with her family, hiking and paddle boarding.

Charity

At Bullsmoor Dental & Aesthetics Clinic, we are proud to say that we strongly believe in giving back and are deeply passionate about charity work. Our team supports BBC Children in Need through annual fundraising events. Last year, our team and family members cycled through the streets of London in a charity bike ride, raising a total of £1,145.00 thanks to all our generous supporters.



Further afield, Mr Jagani has been travelling to Iraq since 2011 and Syria since 2018 to carry out dental treatment for those who are unable to afford dental care in remote areas. Since qualifying in 2017, his son Abbas has taken a keen interest in joining him and they travel to Iraq annually and Syria two to three times per year. Having started off with performing emergency pain-relief procedures only, they are now able to carry out much more treatment and are able to save more teeth with a vast range of portable dental equipment. In November 2022, Dr Manji, who has also carried out charity dental work in the Middle East previously, joined the team in Syria, along with first-timer team member Marie, with plans for more of our team to join in 2023.



If you would like to donate towards our charity work, please feel free to speak to any member of our team. We truly value support from our patients.

Our Cases Clinical



Periodontal (gum) disease treatment



Surgical crown lengthening and composite restoration



Anterior bridge



Replacement of a silver filling with a tooth-coloured, composite restoration

Our Cases Cosmetic



Invisalign®



ICON white spot treatment



Composite veneers



Composite edge bonding

Our Cases Facial Aesthetics



Lip augmentation



Anti-wrinkle treatment



Profile balancing













Anti-wrinkle treatment

Adult Membership Plans

Improve your general wellbeing and dental health, all whilst enjoying the benefits of our carefully tailored dental care plans and spreading the cost of your annual consultations and preventative hygiene care.

Membership Benefits

-  20% off restorative treatment¹
-  Free radiographs
-  10% off teeth whitening¹
-  Free emergency assessment
-  10% off teeth straightening¹
-  Free emergency antibiotics when necessary
-  10% off facial aesthetics¹
-  Worldwide Dental Emergency Assistance Scheme³
-  10% off oral health products²
-  Redundancy Protection for your monthly payments⁴

	DC 1 + 1	DC 1 + 2	GBT 1 + 2	DC 2 + 2	GBT 2 + 2	DC 2 + 4	GBT 2 + 4
Consultations per year	1	1	1	2	2	2	2
Basic hygiene per year	1	2	-	2	-	4	-
GBT hygiene per year	-	-	2	-	2	-	4
Monthly fee	£12.88	£15.50	£18.83	£20.84	£24.17	£29.77	£35.43
Annual fee	£154.56	£186.00	£225.96	£250.08	£290.04	£357.24	£425.16

our most popular plan

Following your initial consultation, our clinicians will advise you of the best membership plan for you based on your oral health.

Should you have any queries about our membership plans, please feel free to ask our reception team to put you in touch with our Plan Manager who will be more than happy to help.

Terms & Conditions

1. All dental treatments must be carried out at Bullsmoor Dental & Aesthetics Clinic. 2. All oral health products purchased at the Clinic. 3. Subject to claim approval - 99% of claims are approved. 4. Applicable to compulsory redundancy only and for up to 12 months. An initial administration fee of £9.50 will be applied to your first payment only. 5. Monthly payments are made to Practice Plan Ltd. by DirectDebit. 6. The plan year runs for 12 months from commencement/renewal; if for any reason the membership is cancelled before the end of this period, any discounts given will be repayable in light of early cancellation. 7. Prices effective as of January 2023.

Guided Biofilm Therapy

using Swiss-engineered **Airflow®**, **Perioflow®** and **Piezon®** technologies

Guided Biofilm Therapy (GBT) is a systematic, predictable and comfortable approach to the detection and removal of plaque biofilm as well as the cause of gum disease and tooth decay. According to evolving research, it can be beneficial to prevent a wide range of other health implications too, including diabetes and heart disease.



A gentle vegetable-based dye is applied to your teeth and gums to detect and clearly highlight the plaque biofilm.



Your hygienist will then spend some time showing you the areas of plaque build up and recommending simple adaptations to your daily oral hygiene regime.



The **Airflow®**, a mixture of water, air and powder, is then used to gently clean the dye and biofilm from your teeth, tongue and other soft tissue areas; this process also removed staining.



The **Perioflow®** is used in patients with Periodontal Disease to remove bacteria from deep pockets between the teeth and gums with the aid of water, air and powder at varying angles.



The **Piezon®** tip's linear movement technology allows for the pain free removal of any calculus deposits.

Benefits of Guided Biofilm Therapy:

- Prevents and treats gingivitis
- Helps detect tooth decay with precision
- Eliminates the need for traditional scaling
- Cleans in areas where scaler tips cannot reach
- Pain free and comfortable
- Use of warm water minimises sensitivity
- Safe for use on fillings, crowns, implants etc.
- Can be used on children as well as adults
- Effective in safe stain removal



Child Membership Plan

Instill the importance of **‘prevention rather than cure’** from a young age by joining our Child Dental Care Plan. Our clinicians will endeavour to acclimatise your child to the dental environment and ensure they are able to look after their teeth to an excellent standard, with an aim to prevent the need for excessive treatment in later life.

Membership includes:

- 🌿 Two consultations per year¹
- 🌿 All fillings on deciduous (baby) teeth¹
- 🌿 Non-surgical extractions on deciduous (baby) teeth¹
- 🌿 Fluoride application¹
- 🌿 Oral health education¹
- 🌿 Free radiographs¹
- 🌿 Free emergency assessment¹
- 🌿 Free emergency antibiotics where required¹
- 🌿 Free referrals to secondary NHS care where necessary and appropriate, including orthodontics (braces)
- 🌿 20% off restorative treatment¹
- 🌿 10% off oral health products purchased at the Clinic
- 🌿 Worldwide Dental Emergency Assistance Scheme²

**Child
Dental Plan**
£7/mo

Should you have any queries about our membership plans, please feel free to ask our reception team to put you in touch with our Plan Manager who will be more than happy to help.

Terms & Conditions

1. All dental treatments must be carried out at Bullsmoor Dental & Aesthetics Clinic. 2. All oral health products purchased at the Clinic. 3. Subject to claim approval - 99% of claims are approved. 4. No administration fee is applied to child plan. 5. Monthly payments are made to PracticePlan Ltd. by DirectDebit. 6. The plan year runs for 12 months from commencement/renewal; if for any reason the membership is cancelled before the end of this period, any discounts/inclusions given will be repayable in light of early cancellation. 7. All children joining a plan must be seen for a consultation prior to joining a membership plan. 8. Prices effective as of January 2023.

Plan vs. Private

Joining a dental membership plan can save you a considerable sum in comparison to pay-as-you-go private fees. The example below shows an average patient's treatment over the first two years, allowing you to see potential savings.

Year 1	GBT1+2	Private
Initial Examination	£45.00	£128.00
Radiographs (x2)	n/a	n/a
GBT Hygiene (x2)	n/a	£220.00
Two surface amalgam filling	£151.00	£189.00
Three surface composite filling	£219.00	£274.00
e.max® Crown	£645.00	£810.00
Nightguard	£138.00	£173.00
Annual Membership Fee (inc. £9.50 admin fee)	£235.46	n/a
Year 2		
Examination	n/a	£85.00
Radiographs (x2)	n/a	£30.00
GBT Hygiene (x2)	n/a	£220.00
Enlighten Evolution 3 Teeth Whitening	£762.00	£855.00
3 Area Anti-wrinkle	£240.00	£270.00
Annual Membership Fee	£225.96	n/a
Total	£2,661.42	£3,254.00
Savings over two years	£592.58	

Our most popular plan, GBT 1 + 2 is used in this comparison. Please note, should you have medical/dental insurance through your workplace or otherwise, you may need to pay private fees in order to claim any expenses; many insurance companies will not refund any discounted fees paid under a dental membership plan such as ours. We strongly advise you to check your insurance policy before joining a membership plan.

Fee Guide Clinical

Consultation	Member	Non-member
Initial Consultation	£45.00	£128.00 <small>(inc. 2 radiographs)</small>
Routine Consultation	n/a	£85.00
Emergency Consultation	n/a	£145.00 <small>(inc. 1 radiograph)</small>
Child Consultation (0-11 years)	n/a	£62.00 <small>(inc. 2 radiographs)</small>
Child Consultation (11-17 years)	n/a	£92.00 <small>(inc. 2 radiographs)</small>
Radiograph (each)	n/a	£15.00
Patient Report	n/a	£75.00
Antibiotic Prescription	n/a	£48.00
Periodontal (Gum Care)		
Periodontal Assessment	£98.00	£124.00
Basic Hygiene (Scale & Polish)	£78.00	£89.00
Guided Biofilm Therapy	£98.00	£110.00
Non-surgical Periodontal Therapy (half-mouth)	£244.00	£306.00
Lapsed Hygiene (w/ GBT & Oral Hygiene Advice)	£258.00	£322.00
PerioChip®	£42.00	£48.00
Restorative - Fillings		
Small Amalgam (silver)	£90.00	£113.00
Small Composite (tooth-coloured)	£112.00	£142.00
One Surface Amalgam (silver)	£118.00	£149.00
One Surface Composite (tooth-coloured)	£148.00	£186.00

Prices are correct as of January 2023, are for indication purposes only and are subject to change at any time. Fees will vary based on case complexity; patient-specific treatment plans with accurate fees are created during consultations.

Fee Guide Clinical

Restorative - Fillings (cont.)	Member	Non-member
Two Surface Amalgam (silver)	£151.00	£189.00
Two Surface Composite (tooth-coloured)	£189.00	£237.00
Three Surface Amalgam (silver)	£172.00	£219.00
Three Surface Composite (tooth-coloured)	£219.00	£274.00
Restorative - Root Fillings		
Anterior	£388.00	£485.00
Premolar	£425.00	£532.00
Molar	£545.00	£682.00
Prosthetics - Crown, Bridge and Veneer		
Metal (non-precious)	£593.00	£742.00
Zirconia	£625.00	£782.00
e.max®	£645.00	£810.00
Gold	£788.00	£986.00
Core and/or Post	£138.00	£173.00
Emergency Temporary Crown	£99.00	£124.00
Fixed Bridge (three unit ceramic)	£1870.00	£2339.00
Adhesive Bridge (two unit - metal)	£666.00	£833.00
Adhesive Bridge (two unit - ceramic)	£834.00	£1043.00
Re-cement	£90.00	£113.00
Re-cement (with acid-etch)	£138.00	£173.00

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Fee Guide Clinical

Extractions	Member	Non-member
Routine	£138.00	£173.00
Surgical	£173.00	£217.00
Surgical (wisdom tooth)	£198.00	£249.00
Treatment of Infected Socket	n/a	£114.00
Prosthetics - Dentures		
Full Acrylic (single arch)	£753.00	£942.00
Full Acrylic (dual arch)	n/a	£1187.00
Partial Acrylic (up to three teeth)	£559.00	£699.00
Partial Chrome Cobalt (up to three teeth)	£738.00	£923.00
Flexible	£1134.00	£1419.00
Flexible (with metal plate)	£1380.00	£1725.00
Lingual or Palatal Steel Bar	£48.00	£60.00
Repair (without impression)	lab fee only	£62.00 <small>plus lab fee</small>
Repair (with impression)	£90.00 <small>plus lab fee</small>	£113.00 <small>plus lab fee</small>
Denture Adjustment	£90.00	£113.00
Mouth Appliances		
Occlusal Appliance	£258.00	£323.00
Sports Guard	£138.00	£173.00
Night Guard	£138.00	£173.00
Anti-snoring Device	£428.00	£535.00

Prices are correct as of January 2023, are for indication purposes only and are subject to change at any time. Fees will vary based on case complexity; patient-specific treatment plans with accurate fees are created during consultations.

Fee Guide **Cosmetic**

Implants	Member	Non-member
Placement	£1785.00	£1985.00
Crown	£915.00	£1015.00
Pontic	£718.00	£798.00
Bone Grafting	£270.00	£415.00

Teeth Whitening		
Philips Zoom® Nitewhite	£498.00	£558.00
Enlighten® Evolution 3	£762.00	£855.00
Replacement Trays	£162.00	£180.00

Teeth Straightening		
Invisalign® (dual arch)	£4200.00	£4670.00
Invisalign® ClinCheck	£195.00	£217.00
Inman™ Aligner (single arch)	£2394.00	£2665.00
Inman™ Aligner (dual arch)	£3822.00	£4250.00
Essix Retainer (per arch)	£138.00	£173.00
Fixed Retainer (per arch)	£138.00	£155.00

Smile Design		
Composite Edge Bonding (per tooth)	£185.00	£210.00
Composite Veneer (per tooth)	£285.00	£315.00
Buccal Corridor Widening (per tooth)	£160.00	£178.00
ICON Resin Infiltration (up to three teeth)	£285.00	£318.00

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Fee Guide Facial Aesthetics

Dermal Filler* (up to 1.0ml)

	Member	Non-member
Lip Enhancement	£290.00	£325.00
Nasolabial Folds (smile lines)	£240.00	£270.00
Marionette Lines (corner of lips)	£240.00	£270.00
Non-surgical Rhinoplasty (nose)	£405.00	£450.00
Cheek Enhancement (cheek bones)	£260.00	£290.00
Cheek Enhancement (cheek bones and volume)	£350.00	£390.00
Chin Augmentation	£240.00	£270.00
Jawline Definition	£350.00	£390.00
Tear Troughs	£315.00	£350.00
Temples	£230.00	£260.00
Perio-oral Lines (smoker's lines)	£225.00	£250.00

Anti-Wrinkle

1 Area (forehead, frown, eyes)	£185.00	£210.00
2 Areas (forehead, frown, eyes)	£215.00	£240.00
3 Areas (forehead, frown, eyes)	£240.00	£270.00
Bunny Lines (nose creases)	£205.00	£230.00
Chin Dimpling	£185.00	£210.00
Peri-oral Lines (smoker's lines)	£195.00	£220.00

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Fee Guide Facial Aesthetics

Other	Member	Non-member
Gummy Smile Relaxation	£185.00	£210.00
Jaw Reduction	£210.00	£235.00
Bruxism Relaxation (grinding)	£210.00	£235.00
Hyperhidrosis (excessive underarm sweating)	£370.00	£415.00

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